

### Professional Education Feedback

**Name of Workshop:** How to get along with multigenerational staff.
**Date:** Nov. 5, 2013  
**I am a:**

- Educator  
  Supervisor  
  Owner/ Operator  
  Parent  
  Other (please specify) \_\_\_\_\_

Complete Part A prior to the workshop commencing:

Part A	1 (lowest)	2	3	4	5 (highest)
Your knowledge of this topic before attending this workshop			✓		

Complete during or after the workshop. Please print clearly and as specific as possible:

**Comments:**

The workshop was great, with lot of ideal suggestions about how to get along with the staff.

I will implement the information from this workshop by:

Sharing this idea, suggestion with my co-workers and friends

If I could make one change tomorrow, I would ...

use the idea from the workshop to get along with other staff

Complete Part B after the workshop:

Did your knowledge increase after attending this workshop?

- Yes       No

Part B	1 (lowest)	2	3	4	5 (highest)
Your knowledge of topic after attending the workshop					✓
Overall workshop was					✓
Quality of facilitator's presentation was					✓

Are there any other workshop topics/presenters you would be interested in attending?

Outdoor Activities

OPTIONAL

Name:

Email:

### Professional Education Feedback

Name of Workshop:

Date: Nov 5<sup>th</sup> 2015

I am a:

Educator  Supervisor  Owner/ Operator  Parent  Other (please specify) \_\_\_\_\_

Complete Part A prior to the workshop commencing:

Part A	1 (lowest)	2	3	4	5 (highest)
Your knowledge of this topic before attending this workshop					

Complete during or after the workshop. Please print clearly and as specific as possible:

Comments:

I was curious ☺ of the content.

I will implement the information from this workshop by:

Reflecting  
Sharing US strategies with colleagues.  
Definitely mention to my supervisor.

If I could make one change tomorrow, I would ...

continue appreciating work, gift of life in thanking him.

Complete Part B after the workshop:

Did your knowledge increase after attending this workshop?

Yes  No

Part B	1 (lowest)	2	3	4	5 (highest)
Your knowledge of topic after attending the workshop					✓
Overall workshop was				✓	
Quality of facilitator's presentation was					✓

Are there any other workshop topics/presenters you would be interested in attending?

Cultural Differences, knowing others.

OPTIONAL

Name: ~~XXXXXXXXXX~~

Email: ~~XXXXXXXXXX~~

Appreciate an unusual approach to education. The "L"

**Professional Education Feedback**

Name of Workshop: *How to get along with Multi-Generational Staff.*  
 I am a: *Assistant teacher*

Date: *Nov 5/2015*

Educator  
  Supervisor  
  Owner/ Operator  
  Parent  
  Other (please specify) \_\_\_\_\_

Complete Part A prior to the workshop commencing:

Part A	1 (lowest)	2	3	4	5 (highest)
Your knowledge of this topic before attending this workshop		✓			

Complete during or after the workshop. Please print clearly and as specific as possible:

Comments:

*I have learn that everyone is different in many way and to be respectful even if the other person is not.*

I will implement the information from this workshop by:

*I will try to understand them more to learn how I can respect them more then before.*

If I could make one change tomorrow, I would ...

*I would not get mad then to ask them what they mean and understanding.*

Complete Part B after the workshop:

Did your knowledge increase after attending this workshop?

Yes  No

Part B	1 (lowest)	2	3	4	5 (highest)
Your knowledge of topic after attending the workshop					✓
Overall workshop was					✓
Quality of facilitator's presentation was					✓

Are there any other workshop topics/presenters you would be interested in attending?

\_\_\_\_\_

\_\_\_\_\_

OPTIONAL

Name:

Email:

### Professional Education Feedback

**Name of Workshop:** *How To Get Along with Multi-generation*      **Date:** *Nov 5th 2015*  
**I am a:**

Educator   
  Supervisor   
  Owner/ Operator   
  Parent   
  Other (please specify) \_\_\_\_\_

Complete Part A prior to the workshop commencing:

Part A	1 (lowest)	2	3	4	5 (highest)
Your knowledge of this topic before attending this workshop					

Complete during or after the workshop. Please print clearly and as specific as possible:

Comments:

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I will implement the information from this workshop by:

*using ~~my~~ my mirror neuron*

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If I could make one change tomorrow, I would ...

*use ~~my~~ informational and inquisitive*

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Complete Part B after the workshop:

Did your knowledge increase after attending this workshop?

Yes       No

Part B	1 (lowest)	2	3	4	5 (highest)
Your knowledge of topic after attending the workshop				✓	
Overall workshop was				✓	
Quality of facilitator's presentation was				✓	

Are there any other workshop topics/presenters you would be interested in attending?

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OPTIONAL

Name:

Email:

## Professional Education Feedback

Name of Workshop:

Date: NOV 5/2015

I am a:

Educator  
  Supervisor  
  Owner/ Operator  
  Parent  
  Other (please specify) \_\_\_\_\_

Complete Part A prior to the workshop commencing:

Part A	1 (lowest)	2	3	4	5 (highest)
Your knowledge of this topic before attending this workshop		✓		✓	

Complete during or after the workshop. Please print clearly and as specific as possible:

Comments:

one thing I learn today that nothing impossible, we can able to do if we practice.

I will implement the information from this workshop by:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

If I could make one change tomorrow, I would ...

I would like to ~~attend~~ manage <sup>the</sup> challenge.

Complete Part B after the workshop:

Did your knowledge increase after attending this workshop?

Yes  No

Part B	1 (lowest)	2	3	4	5 (highest)
Your knowledge of topic after attending the workshop		✓			2
Overall workshop was					2
Quality of facilitator's presentation was					2

Are there any other workshop topics/presenters you would be interested in attending?

I like to attend

OPTIONAL

Name:

Email:

## Professional Education Feedback

Name of Workshop:

Date:

I am a:

Educator  
  Supervisor  
  Owner/ Operator  
  Parent  
  Other (please specify) \_\_\_\_\_

Complete Part A prior to the workshop commencing:

Part A	1 (lowest)	2	3	4	5 (highest)
Your knowledge of this topic before attending this workshop		✓			

Complete during or after the workshop. Please print clearly and as specific as possible:

Comments:

*interest in specially the part of being the keeper of the other person dignity.*

I will implement the information from this workshop by:

*Use my mirror neurons, take time to learn about the other & show respect.*

If I could make one change tomorrow, I would ...

*ask questions show interest in the other persons background, life culture etc*

Complete Part B after the workshop:

Did your knowledge increase after attending this workshop?

Yes  No

Part B	1 (lowest)	2	3	4	5 (highest)
Your knowledge of topic after attending the workshop					✓
Overall workshop was				✓	
Quality of facilitator's presentation was					✓

Are there any other workshop topics/presenters you would be interested in attending?

\_\_\_\_\_

\_\_\_\_\_

OPTIONAL

Name:

Email:

## Professional Education Feedback

Name of Workshop:

Date: Nov 5, 2015

I am a: How To get along with Multi-Generational staff

Educator  
  Supervisor  
  Owner/ Operator  
  Parent  
  Other (please specify) \_\_\_\_\_

Complete Part A prior to the workshop commencing:

Part A	1 (lowest)	2	3	4	5 (highest)
Your knowledge of this topic before attending this workshop			✓		

Complete during or after the workshop. Please print clearly and as specific as possible:

Comments:

- well spoken presenter

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I will implement the information from this workshop by:

- I will try to be more curious and ask more questions

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If I could make one change tomorrow, I would ...

- be more inquisitive.

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Complete Part B after the workshop:

Did your knowledge increase after attending this workshop?

Yes  No

Part B	1 (lowest)	2	3	4	5 (highest)
Your knowledge of topic after attending the workshop				✓	
Overall workshop was				✓	
Quality of facilitator's presentation was				✓	

Are there any other workshop topics/presenters you would be interested in attending?

- How to get along with different personalities

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OPTIONAL

Name:

Email:

## Professional Education Feedback

Name of Workshop:

Date: *Nov 5/15*

I am a:

Educator  
  Supervisor  
  Owner/ Operator  
  Parent  
  Other (please specify) \_\_\_\_\_

Complete Part A prior to the workshop commencing:

Part A	1 (lowest)	2	3	4	5 (highest)
Your knowledge of this topic before attending this workshop					<i>✓</i>

Complete during or after the workshop. Please print clearly and as specific as possible:

Comments:

*Very interesting relaxing, enjoyable, conversations knowledgeable,*

I will implement the information from this workshop by:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

If I could make one change tomorrow, I would ...

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Complete Part B after the workshop:

Did your knowledge increase after attending this workshop?

Yes  No

Part B	1 (lowest)	2	3	4	5 (highest)
Your knowledge of topic after attending the workshop					<i>✓</i>
Overall workshop was					<i>✓</i>
Quality of facilitator's presentation was					<i>✓</i>

Are there any other workshop topics/presenters you would be interested in attending?

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

OPTIONAL

Name:

Email:



## Professional Education Feedback

**Name of Workshop:** *How to get along with multi-generational staff*  
 I am a:

**Date:** *Nov. 5, 2015*

Educator  
  Supervisor  
  Owner/ Operator  
  Parent  
  Other (please specify) \_\_\_\_\_

Complete Part A prior to the workshop commencing:

Part A	1 (lowest)	2	3	4	5 (highest)
Your knowledge of this topic before attending this workshop		✓			

Complete during or after the workshop. Please print clearly and as specific as possible:

Comments:

*It was a wonderful and interesting workshop.*

I will implement the information from this workshop by:

*Sharing with my co-workers and increasing their knowledge on the topic.*

If I could make one change tomorrow, I would ...

*like to make this world a better place where people respect & ~~under~~ each other and understand their cultural differences and appreciate them.*

Complete Part B after the workshop:

Did your knowledge increase after attending this workshop?

Yes  No

Part B	1 (lowest)	2	3	4	5 (highest)
Your knowledge of topic after attending the workshop					✓
Overall workshop was					✓
Quality of facilitator's presentation was					✓

Are there any other workshop topics/presenters you would be interested in attending?

\_\_\_\_\_

\_\_\_\_\_

OPTIONAL

Name:

Email:

### Professional Education Feedback

Name of Workshop:

Date: NOV 5/15

I am a:

Educator  
  Supervisor  
  Owner/ Operator  
  Parent  
  Other (please specify) \_\_\_\_\_

Complete Part A prior to the workshop commencing:

Part A	1 (lowest)	2	3	4	5 (highest)
Your knowledge of this topic before attending this workshop		2+			

Complete during or after the workshop. Please print clearly and as specific as possible:

Comments:

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I will implement the information from this workshop by:

Realizing I cannot change people but you can change yourself and your reactions.

If I could make one change tomorrow, I would ...

Try to put the past behind me, move on and try to maintain a positive relationship. Ask people more about themselves.

Complete Part B after the workshop:

Did your knowledge increase after attending this workshop?

Yes  No

Part B	1 (lowest)	2	3	4	5 (highest)
Your knowledge of topic after attending the workshop			3+		
Overall workshop was			✓		
Quality of facilitator's presentation was			✓		

The presenter had a lot of knowledge but think a power point presentation would have been better.

Are there any other workshop topics/presenters you would be interested in attending?

OPTIONAL

Name:

You have it.

Email:

### Professional Education Feedback

**Name of Workshop:** *How to get along with multi-generational staff*      **Date:** *Nov 5, 2015*  
**I am a:**

Educator   
  Supervisor   
  Owner/ Operator   
  Parent   
  Other (please specify) \_\_\_\_\_

Complete Part A prior to the workshop commencing:

Part A	1 (lowest)	2	3	4	5 (highest)
Your knowledge of this topic before attending this workshop		✓			

Complete during or after the workshop. Please print clearly and as specific as possible:

Comments:

*Workshop was very interesting & meaningful to me. Thanks alot.*

I will implement the information from this workshop by:

*Being inquisitive, respectful to others. I will use minor Neuro psychology.*

If I could make one change tomorrow, I would ...

*try to change myself. Being caring, inquisitive, curious, respectful at my work place. Experiment & practice Inquisition.*

Complete Part B after the workshop:

Did your knowledge increase after attending this workshop?

Yes       No

Part B	1 (lowest)	2	3	4	5 (highest)
Your knowledge of topic after attending the workshop					✓
Overall workshop was					✓
Quality of facilitator's presentation was					✓

Are there any other workshop topics/presenters you would be interested in attending?

*Toddlers stuff.*

OPTIONAL

Name:

Email:

### Professional Education Feedback

Name of Workshop: *How to get along with* Date: *Nov 5 2015*  
 I am a: *multi generational staff*

Educator  
  Supervisor  
  Owner/ Operator  
  Parent  
  Other (please specify) \_\_\_\_\_

Complete Part A prior to the workshop commencing:

Part A	1 (lowest)	2	3	4	5 (highest)
Your knowledge of this topic before attending this workshop			✓		

Complete during or after the workshop. Please print clearly and as specific as possible:

Comments: *Workshop was interesting and informative*  
 \_\_\_\_\_  
 \_\_\_\_\_

I will implement the information from this workshop by:  
*Definitely will apply some of the ideas and information in future!*  
 \_\_\_\_\_  
 \_\_\_\_\_

If I could make one change tomorrow, I would ...  
*I would be more inquisitive and curious which I already am.*  
 \_\_\_\_\_  
 \_\_\_\_\_

Complete Part B after the workshop:

Did your knowledge increase after attending this workshop?  
 Yes                       No

Part B	1 (lowest)	2	3	4	5 (highest)
Your knowledge of topic after attending the workshop				✓	
Overall workshop was					✓
Quality of facilitator's presentation was					✓

Are there any other workshop topics/presenters you would be interested in attending?  
*Autism*  
 \_\_\_\_\_  
 \_\_\_\_\_

**OPTIONAL**

Name:  
 Email:

**Professional Education Feedback**

Name of Workshop: Working with a multi-generational staff  
I am a:

Date: Nov 5, 2015

Educator  Supervisor  Owner/ Operator  Parent  Other (please specify) \_\_\_\_\_

Complete Part A prior to the workshop commencing:

Part A	1 (lowest)	2	3	4	5 (highest)
Your knowledge of this topic before attending this workshop		✓			

Complete during or after the workshop. Please print clearly and as specific as possible:

Comments:

Not only spoke of issues in multigenerational perspective but also multicultural. Really hit home with lots of issues.

I will implement the information from this workshop by:

Reflecting on topics and solutions raised in the workshop with each passing situation.

If I could make one change tomorrow, I would ...

Take their input without stigma of tradition, open my mind to fresh ideas.

Complete Part B after the workshop:

Did your knowledge increase after attending this workshop?

Yes  No

Part B	1 (lowest)	2	3	4	5 (highest)
Your knowledge of topic after attending the workshop				✓	
Overall workshop was				✓	
Quality of facilitator's presentation was					✓

Are there any other workshop topics/presenters you would be interested in attending?

Bilingual, Parent-teacher interviews, self-help services, potty training, stress management or helping with anxiety in a childcare setting

OPTIONAL

Name: ~~\_\_\_\_\_~~

Email: ~~\_\_\_\_\_@peel.ca~~

### Professional Education Feedback

Name of Workshop:

Date: November 5 2015

I am a:

Educator  Supervisor  Owner/ Operator  Parent  Other (please specify) \_\_\_\_\_

Complete Part A prior to the workshop commencing:

Part A	1 (lowest)	2	3	4	5 (highest)
Your knowledge of this topic before attending this workshop		X			

Complete during or after the workshop. Please print clearly and as specific as possible:

Comments:

I came in with a concern I had at work. I wanted a better understanding as to how to create a respectful / positive environment. How to deal with someone who "thinks they know everything" because they are older?

I will implement the information from this workshop by:

Modelling the behaviour I would like the individual to mirror; asking questions as to why they say or do things their way they do it (being curious).

If I could make one change tomorrow, I would ...

Complete Part B after the workshop:

Did your knowledge increase after attending this workshop?

Yes  No

Part B	1 (lowest)	2	3	4	5 (highest)
Your knowledge of topic after attending the workshop					X
Overall workshop was					X
Quality of facilitator's presentation was					X

Are there any other workshop topics/presenters you would be interested in attending?

\_\_\_\_\_

OPTIONAL

Name: ~~\_\_\_\_\_~~

Email: ~~\_\_\_\_\_~~

\* Gary was such a delight and his strategies have given me new insight as to how to handle my interactions

## Professional Education Feedback

Name of Workshop:

Date: Nov 5<sup>th</sup>, 2015

I am a:

Educator  
  Supervisor  
  Owner/ Operator  
  Parent  
  Other (please specify) \_\_\_\_\_

Complete Part A prior to the workshop commencing:

Part A	1 (lowest)	2	3	4	5 (highest)
Your knowledge of this topic before attending this workshop					

Complete during or after the workshop. Please print clearly and as specific as possible:

Comments:

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I will implement the information from this workshop by:

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If I could make one change tomorrow, I would ...

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Complete Part B after the workshop:

Did your knowledge increase after attending this workshop?

Yes       No

Part B	1 (lowest)	2	3	4	5 (highest)
Your knowledge of topic after attending the workshop		✓			
Overall workshop was		✓			
Quality of facilitator's presentation was		✓			

Are there any other workshop topics/presenters you would be interested in attending?

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OPTIONAL

Name:

Email:

### Professional Education Feedback

Name of Workshop:

Date: *Nov 5, 2015*

I am a:

- Educator  
  Supervisor  
  Owner/ Operator  
  Parent  
  Other (please specify) \_\_\_\_\_

Complete Part A prior to the workshop commencing:

Part A	1 (lowest)	2	3	4	5 (highest)
Your knowledge of this topic before attending this workshop				4	

Complete during or after the workshop. Please print clearly and as specific as possible:

Comments:

*I Learn and Felth comfortable with this w/ shop. Very GOOD Excellent.*

I will implement the information from this workshop by:

*Adding this information, and handle it with positive way.*

If I could make one change tomorrow, I would ...

*I would recommend this w/ shop to other people or staff.*

Complete Part B after the workshop:

Did your knowledge increase after attending this workshop?

Yes  No

Part B	1 (lowest)	2	3	4	5 (highest)
Your knowledge of topic after attending the workshop					✓
Overall workshop was					✓
Quality of facilitator's presentation was					✓

Are there any other workshop topics/presenters you would be interested in attending?

\_\_\_\_\_

\_\_\_\_\_

OPTIONAL

Name:

Email:



## Professional Education Feedback

Name of Workshop:

Date: Nov. 5/2015

I am a:

Educator  
  Supervisor  
  Owner/ Operator  
  Parent  
  Other (please specify) \_\_\_\_\_

Complete Part A prior to the workshop commencing:

Part A	1 (lowest)	2	3	4	5 (highest)
Your knowledge of this topic before attending this workshop		✓			

Complete during or after the workshop. Please print clearly and as specific as possible:

Comments:

Learning about mixed neurons and making other person to like you love this concept.

I will implement the information from this workshop by:

By showing curiosity, inquisitiveness to the room partners and not being judgemental.

If I could make one change tomorrow, I would ...

Change my self and not others, separating feelings from behaviour.

Complete Part B after the workshop:

Did your knowledge increase after attending this workshop?

Yes  No

Part B	1 (lowest)	2	3	4	5 (highest)
Your knowledge of topic after attending the workshop					✓
Overall workshop was				✓	
Quality of facilitator's presentation was					✓

Are there any other workshop topics/presenters you would be interested in attending?

\_\_\_\_\_

\_\_\_\_\_

OPTIONAL

Name:

Email:

## Professional Education Feedback

Name of Workshop:

Date:

I am a:

- Educator  
  Supervisor  
  Owner/ Operator  
  Parent  
  Other (please specify) \_\_\_\_\_

Complete Part A prior to the workshop commencing:

Part A	1 (lowest)	2	3	4	5 (highest)
Your knowledge of this topic before attending this workshop		✓			

Complete during or after the workshop. Please print clearly and as specific as possible:

Comments:

He is very calm and easy to understand.  
 was very interesting, and enjoyable

I will implement the information from this workshop by:

going step by step and work slowly as the result will  
 show after the hard work

If I could make one change tomorrow, I would ...

start changing myself to a better person to have  
 better people around me.

Complete Part B after the workshop:

Did your knowledge increase after attending this workshop?

Yes  No

Part B	1 (lowest)	2	3	4	5 (highest)
Your knowledge of topic after attending the workshop				✓	
Overall workshop was				✓	
Quality of facilitator's presentation was				✓	

Are there any other workshop topics/presenters you would be interested in attending?

\_\_\_\_\_

\_\_\_\_\_

OPTIONAL

Name:

Email:

### Professional Education Feedback

Name of Workshop: How to get along with Date: Nov 5

I am a: multigenerational staff.

Educator 
  Supervisor 
  Owner/ Operator 
  Parent 
  Other (please specify) \_\_\_\_\_

Complete Part A prior to the workshop commencing:

Part A	1 (lowest)	2	3	4	5 (highest)
Your knowledge of this topic before attending this workshop					

Complete during or after the workshop. Please print clearly and as specific as possible:

Comments:

Ideas / Suggestions how to get along with coworkers

I will implement the information from this workshop by:

sharing with staff at a staff meeting

If I could make one change tomorrow, I would ...

get along with staff

Complete Part B after the workshop:

Did your knowledge increase after attending this workshop?

Yes  No

Part B	1 (lowest)	2	3	4	5 (highest)
Your knowledge of topic after attending the workshop					✓
Overall workshop was					✓
Quality of facilitator's presentation was					✓

Are there any other workshop topics/presenters you would be interested in attending?

music, bowling

OPTIONAL

Name:

Email:

### Professional Education Feedback

**Name of Workshop:** *How to get along with Multigenerational* **Date:** *NOV. 5, 2015*  
**I am a:** *staff*

Educator  
  Supervisor  
  Owner/ Operator  
  Parent  
  Other (please specify) \_\_\_\_\_

Complete Part A prior to the workshop commencing:

Part A	1 (lowest)	2	3	4	5 (highest)
Your knowledge of this topic before attending this workshop		✓			

Complete during or after the workshop. Please print clearly and as specific as possible:

Comments:

*curious, inquisitive and not judgemental.*  
*Taking interest in others.*

I will implement the information from this workshop by:

*Mirror neurons, respectful to everyone, resolve conflict.*

If I could make one change tomorrow, I would ...

*curiosity, genuine & inquisitive.*

Complete Part B after the workshop:

Did your knowledge increase after attending this workshop?

Yes  No

Part B	1 (lowest)	2	3	4	5 (highest)
Your knowledge of topic after attending the workshop					✓
Overall workshop was					✓
Quality of facilitator's presentation was					✓

Are there any other workshop topics/presenters you would be interested in attending?

*Communication with staff, sensory for toddlers*

OPTIONAL

Name:

Email:

**Professional Education Feedback**

Name of Workshop: How to deal with multi-generational staff!  
 I am a:

Date: Nov 5, 2015

Educator  Supervisor  Owner/ Operator  Parent  Other (please specify) \_\_\_\_\_

Complete Part A prior to the workshop commencing:

Part A	1 (lowest)	2	3	4	5 (highest)
Your knowledge of this topic before attending this workshop		✓			

Complete during or after the workshop. Please print clearly and as specific as possible:

Comments:

Minor. neuron  
Social issues - e.g. - miscommunication  
Tone & Tradition = all everyday issues.

I will implement the information from this workshop by:

No prejudice for anyone  
Remember example of piano-learning.

If I could make one change tomorrow, I would ...

- by not being judgemental.  
- Act as per their expectation  
- Give respect to get respect

Complete Part B after the workshop:

Did your knowledge increase after attending this workshop?

Yes  No

Part B	1 (lowest)	2	3	4	5 (highest)
Your knowledge of topic after attending the workshop				✓	
Overall workshop was					✓
Quality of facilitator's presentation was					✓

Are there any other workshop topics/presenters you would be interested in attending?

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

OPTIONAL

Name:

Email:

## Professional Education Feedback

**Name of Workshop:** HOW TO GET ALONG WITH  
 I am a: MULTIGENERATIONAL STAFF

**Date:**

Educator  
  Supervisor  
  Owner/ Operator  
  Parent  
  Other (please specify) \_\_\_\_\_

Complete Part A prior to the workshop commencing:

Part A	1 (lowest)	2	3	4	5 (highest)
Your knowledge of this topic before attending this workshop					

Complete during or after the workshop. Please print clearly and as specific as possible:

Comments:

Being curious and enquiring example was quite satisfactory.

I will implement the information from this workshop by:

Not being judgemental.

If I could make one change tomorrow, I would... like to make change.

Being an extro. Practicing <sup>being</sup> positive ~~activities~~ periodically everyday.

Complete Part B after the workshop:

Did your knowledge increase after attending this workshop?

Yes  No

Part B	1 (lowest)	2	3	4	5 (highest)
Your knowledge of topic after attending the workshop				✓	
Overall workshop was					✓
Quality of facilitator's presentation was					✓

Are there any other workshop topics/presenters you would be interested in attending?

\_\_\_\_\_

\_\_\_\_\_

OPTIONAL

Name:

Email: